



Grading Information 2nd KUP Red Belt

Practical

Line work examiners choice
Student's choice pattern
2 patterns examiners choice
Grade pattern
Examiners choice step sparring
1 step sparring
Routine pad work
Free sparring 2-3 rounds with equipment

Theory

You will need to obtain a theory book from your instructor as this will now be your main source of reference from now on.