

Grading Information 3rd KUP Red Tag

Practical

Student's choice pattern
Examiners choice pattern
Grade pattern
3 step semi free sparring (advanced)
1 step sparring
Routine pad work
Free sparring 2-3 rounds with sparring equipment

Theory

Meaning of Red Belt

The meaning of red signifies danger, cautioning the student to exercise control and warning the opponent to stay away.

Interpretation of Pattern Toi Gye (37 Movements)

Toi Gye is the pen name of the noted scholar Yi Hwang (16AD) an authority on neo Confucianism. The 37 movements in this pattern refer to his birthplace on 37 degrees latitude, the diagram of the movements in this pattern represents scholar.

English to Korean Translation

STANCES

Close ready stance	Moa junbi sogi
Fixed stance	Gojung sogi
L stance	Niunja sogi
Sitting stance	Annun sogi
Walking stance	Gunnan sogi
Low stance	Nachuo sogi
Close stance	Moa sogi

BLOCKS

Middle inner forearm block	Kaunde an palmok makgi
X-Fist pressing block	Kyocha joomak noollo makgi
W-Shape block	Bakat palmok san makgi
Low double forearm pushing block	Najunde doo palmok miro makgi
Knifehand guarding block	Sonkal daebi makgi
High double forearm block	Nopunde doo palmok makgi
Low knifehand guarding block	Najunde sonkal daebi makgi
Circular block	An palmok dolli myo makgi

ATTACKS

High side backfist strike	Nopunde yop dung joomak taerigi
Low upset fingertip thrust	Najunde dwijibun sonkut tulgi
High twin fist strike	Nopunde sang joomak sewo jirugi
Middle front snap kick	Kaunde apcha chagi
High flat fingertip thrust	Nopunde opun sonkut tulgi
Double punch	Ibo jirigi
Knee kick	Moorup chagi

Important

Revise Previous Sheets

